Appendix 1

Pre-course survey

Which of the following apply to you?

- I am a person with type 2 diabetes
- I am a person at risk of developing type 2 diabetes
- I am a family member or carer of a person with type 2 diabetes
- I am a healthcare professional
- I am none of the above

To what extent do you agree with the following statements?

	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
'I know enough about my health'*					
'I manage my diabetes well' *					

*these questions were only presented to those who had, or were at risk of type 2 diabetes

What would you like the course to help you achieve?

How confident are you in achieving these goals?

- Very confident
- Confident
- Neutral
- Unconfident
- Very unconfident

1

Post-course survey

Which of the following apply to you?

- I am a person with type 2 diabetes
- I am a person at risk of developing type 2 diabetes
- I am a family member or carer of a person with type 2 diabetes
- I am a healthcare professional
- I am none of the above

To what extent do you agree with the following statements?

	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
'I know enough about my health'*					
'I manage my diabetes well' *					
'I found the course useful'					
'The course had all the information I expected'					
'The course was easy to follow'					
'The course improved my knowledge of diabetes'					
'The course helped me set my own diabetes goals'*					
'The course motivated me to manage my diabetes'*					
'The course will help me achieve my diabetes goals'*					
'The course will improve my confidence around managing diabetes'*					
'I will change the way I manage diabetes as a result of this course'*					
'The course has improved my overall health and wellbeing'*					
'My learning was enhanced by sharing information and hearing stories from other people with diabetes'					

*these questions were only presented to those who had, or were at risk of type 2 diabetes

Is there anything you found particularly enjoyable or useful in this course?

Is there anything you feel would have improved the course?

Did you have any difficulty accessing the site or resources?